



# TEACH PROGRAM COMMUNITY GATHERING



DATE: January 23<sup>rd</sup> 2019

TIME: 2:00-3:00pm

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## FITNESS FUN CHALLENGE

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### Details:

Please join us for our January community gathering!  
This month's theme is fitness and healthy eating.  
When you arrive, please go to your child's classroom to check out the healthy lifestyle activities that the students have been working on this month.

We will also have fitness and nutrition related stations set up in the gym for you to participate in with your child.

## WE HOPE TO SEE YOU!

if you have any questions, please contact Lyn or Nicole:

(978) 374-7486

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